

KERTHAN NEWSLETTER

CLINIQUE KERTHAN

INFORMATIONS DE LA SEMAINE



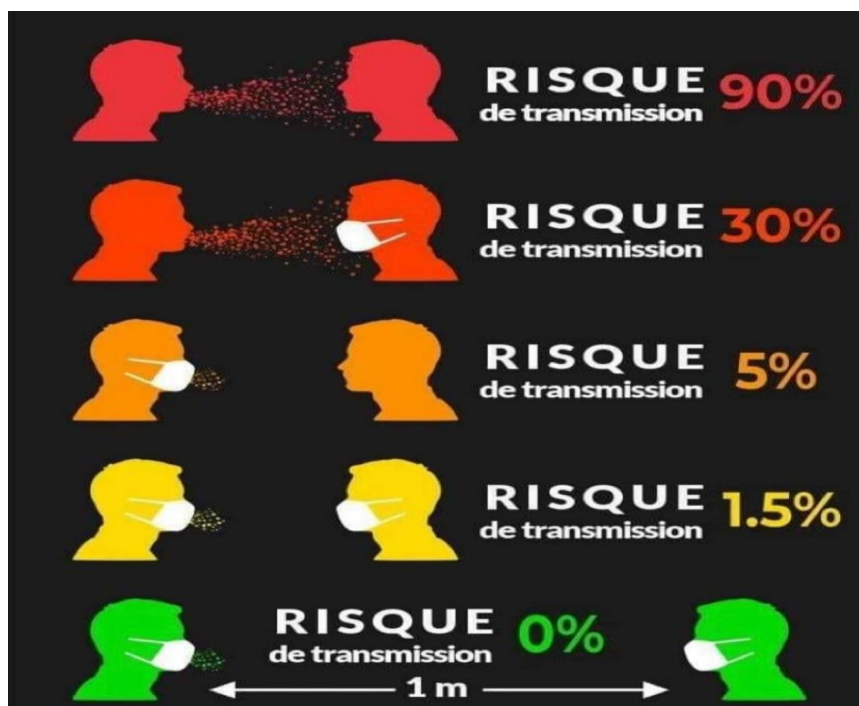
Le 16 Juillet le Cameroun comptait 16,157 cas confirmés, 13,728 cas guéris, 373 décès, 2,056 cas actifs et 386 hospitalisés dont 31 sous Oxygène.

Les études semblent montrer que la COVID-19 n'est pas une maladie immunisante. Il y aurait re-contamination des patients Covid-19 préalablement guéris. 60% de sujets infectés par le SARSCov2 développeraient des anticorps neutralisants suffisants lors de la maladie, mais ce pourcentage tombe à 17% 3 semaines après la guérison, et à 1% 3 mois plus tard. Malgré qu'il y ait des lymphocytes mémoire qui atténueraient la gravité de la seconde contamination, celle-ci est restée très possible 3 semaines après la guérison, notamment chez les sujets ayant eu une forme d'expression légère.

Le port du masque et autres mesures-barrières restent absolument conseillés pour tous, y compris les patients guéris.

A VOS MASQUES PRÊT PORTONS

Estimation du risque de contamination



Coronavirus Disease 2019 – COVID-19

- COVID-19 is similar to flu, causing cough, fever, sore throat, fatigue and aching muscles.
- If severe, it causes pneumonia with difficulty breathing.
- Most people have a mild illness and recover without treatment.
- Those over 60 years or with a chronic condition like HIV, TB, diabetes, hypertension, cancer, heart or lung disease are more at risk of severe COVID-19.



Coronavirus spreads easily

- When a person with COVID-19 coughs, they leave the virus on surfaces and in the air.
- You can catch coronavirus if:
 - you touch these surfaces and then touch your face, eyes, nose or mouth or
 - you have close contact (1,5 metres) with a person who has coronavirus.



COVID-19 is not linked with a specific group of people; we are all equally able to catch and spread it.



- COVID-19 is a new disease; there is much we don't know about it.
- People often fear what is new or unknown. This makes it easy to blame others.
- Avoid fake news about COVID-19 – share information from official sources.
- Support those with COVID-19 to seek health care and cope with everyday life while unwell or in isolation.

Be kind to your family, friends, colleagues, neighbours – we are all in this together.